

active OFFERS...

Ash Manor Sports Centre

£5 Per Hour

Family Court Hire - Table Tennis, Badminton, Basketball
Off-Peak Only

Bring a friend for Free!*
Saturday Fitness Classes
*Over 16's only. One guest available per active card holder

For further information please call
01252 325484

Fitness & Group Exercise

£1.00 Off

Early Bird Balance

Thursdays 6.30am-7.30am

Bring a guest for free

HIIT Bootcamp

Wednesdays 6pm-6.30pm

Active cardholders can book classes 14 days in advance

Express Taster



2 for £10 on 30 minute Express Tasters

* weekdays, term time only

Specky's Crèche

One free 90 minute baby or child session

Subject to availability. One free session per Active Card Holder

MORE GREAT SPECTRUM SAVINGS...

Do you qualify for a green card?

Are you a senior citizen?
Are you unemployed?
Are you a student or receiving income support or incapacity benefit?
Take advantage of exclusive term time only offers available to you!

Terms & Conditions: All offers with an ACTIVE CARD. Offers valid until: 31 August 2019. Not to be used in conjunction with any other offer. Valid for the cardholder on production of your "green" active card. Available Term-time only. Subject to opening times, please ask for details.

swim for £1 (in the competition pool Mon - Fri afternoon Swim For All sessions & Fridays 7.30am-8.30am 50+ Swim Session)

skate for £2 including skates (during any DAYTIME session Mon - Fri)

bowl for £2.50 per game including shoe hire (Mon - Fri from 10am - 6pm)

squash £2 per half hour court (during super saver special times Mon - Sun)

table tennis £2 per hour (during super saver special times Mon - Sun)

gym £2.50 per session (Mon - Fri from 12noon - 4pm, term time only)

Spectrum Bowl

Buy 1 game get 1 free

Monday to Friday 9am - 6pm

3 games for £10!*

£10 per adult before 4pm

Spectrum Gym & Spa

Bring a Guest for Free!*

*only one guest available per Active Card holder. Guests must be 18 years or over. All guests must complete a HCS prior to using the gym.

Free 30 minute personal training consultation and lifestyle analysis.

Call 01483 443322 to book

* HCS must be signed prior to using the gym. Limited to one visit per guest.

Spectrum Pools

£1 off

Toddler Splash sessions

Term time only Tuesday & Thursday 10.45am

£5* Leisure Pool Swim

for 1 Adult & 1 Child (usual price £11.50)

Term time only *Mon-Fri, 4.00-6.15pm

Spectrum Ice

*Does not include skate hire

**Usual terms and conditions apply

Ice Xtreme

Buy 1 get 1 half price Fri, Sat, Sun

Buy 1 get 1 free on skate sharpening

Offers apply to Active cardholders only - valid from 4th April to 8th August 2019 unless otherwise stated. Subject to availability. Not to be used in conjunction with any other offer. Junior = under 16 years.



FOR BOOKINGS OR FURTHER INFORMATION PLEASE CALL: 01483 443322

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Freedom Leisure working in partnership with Guildford Borough Council

