

# Training Ice Timetable

## Mon 1st - 14th April 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Competitive Ice (1) 5.30am - 6.30am					Competitive Training Ice (2) 5.30am - 6.30am
Competitive Ice (2) 6.30am - 7.30am					Competitive Training Ice (3) 6.30am - 7.30am
Competitive Ice (3) 7.30am - 8.30am					Training Ice (4) 7.30am - 8.30am
8.30am Resurface					8.30am Resurface
Training Ice (4) 8.45am - 10.15am					Holiday Courses 08.45 - 10.15

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Afternoon/Evening Training Ice				
Under 21s Training Ice 5.15pm - 7.00 pm		Lesson Ice 5.15 - 7.00 pm	Training Ice 5.15 - 6.30pm	

### Key

Competitive Training Ice (1) Minimum standard - BIS Level 3 Full Test and above (BIS Level 2 can skate up if having a lesson)

Competitive Training Ice (2) Minimum standard - BIS Level 1 Full Test and above

Competitive Training Ice (3) Minimum standard - BIS Level 1 Full Test (Skate UK L8 can skate up if having a lesson)

Training Ice (4) - minimum standard Skate UK Level 8 and above

Training Ice (5) - Minimum level Skate UK L6 - Max BIS L4

Lesson Ice - No BIS levels

Children's Training Ice - minimum standard Skate UK Level 8 Under 21 years old

Competitive Ice is for competitive skaters only

All sessions detailed on this notice are for members of Training Ice or Skate Direct customers

Skaters should get on and off ice at start and finish times - not in between and leave the ice between sessions

Skaters should only go on sessions suitable to their standard. If unsure which sessions to skate on the Ice Co-ordinator can advise you.

Skaters may skate on 2 Training Ice sessions per early morning

In the event of unacceptable behaviour and/or a situation that is deemed unsafe, the Ice Co-ordinator or Ice Rink Duty Officer, will ask the skate to leave

All skaters must check in for each session before getting on the ice

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