Training Ice 19th - 25th October

Mon	05.30 - 06.30	Competitve Ice 1
	06.30 - 07.30	Competitive Ice 2
	07.30 - 08.30	Competitive Ice 3
	08.30- 08.45	**RESURFACE**
	08.45 - 10.45	Training Ice 4
	17.00 - 19.00	Training Ice 6
Tuesday	05.30 - 06.30	Competitive Ice 1
	06.30 - 07.30	Competitive Ice 2
	07.30 - 08.30	Competitive Ice 3
	08.30- 08.45	**RESURFACE**
	08.45 - 10.45	Training Ice 4

Wednesday	05.30 - 06.30	Competitive Ice 1
	06.30 - 07.30	Competitive Ice 2
	07.30 - 08.30	Competitive Ice 3
	08.30- 08.45	**RESURFACE**
	08.45 - 10.45	Training Ice 4
Thursday	05.30 - 06.30	Competitive Ice 1
	06.30 - 07.30	Competitive Ice 2
	07.30 - 08.30	Competitive Ice 3
	08.30 - 08.45	**RESURFACE**
	08.45 - 10.45	Training Ice 4
	17.30 - 19.00	Training Ice 5/Lesson Ice

Friday	05.30 - 06.30	Competitive Ice 1
	06.30 - 07.30	Competitive Ice 2
	07.30 - 08.30	Competitive Ice 3
	08.30- 8.45	**RESURFACE**
	08.45 - 10.45	Training Ice 4
	17.00 - 18.30	Training Ice 4

Saturday	05.30 - 06.30	Competitive Ice 2
	06.30 - 07.30	Competitive Ice 3
	07.30 - 08.30	Competitive Ice 4
	08.30 - 08.45	**RESURFACE**

1 Competitive Training Ice Min standard - BIS Level 3 Fulll Test and above (BIS Level 2 can skate up if having a lesson)
2 Competitive Training Ice Min standard - BIS Level 1 Full Test and above (BIS L1 one part, can skate up if having a lesson)
3 Competitive Training Ice Min standard - BIS Level 1 one part (Skate UK L8 can skate up if having a lesson)
4 Training Ice Min standard Skate UK Level 8 and above
5 Recreational Training Ice Minimum level Skate UK L6. Slower paced session (may include lesson ice behind cones)
6 Children's Training Ice minimum standard Skate UK Level 8 Under 21 years old
Competitive Ice is for competitive skaters only
Lesson Ice No BIS tests

All sessions detailed on this notice are for members of Training Ice or Skate Direct customers who have private lessons
Skaters should get on and off ice at start and finish times
Skaters should only go on sessions suitable to their standard. If unsure which sessions to skate on the Ice Co-ordinator or your coach can advise.
Skaters may only use 2 Morning Training Ice sessions on Saturdays
In the event of unacceptbale behaviour and/or a situation that is deemed unsafe, the Ice Co-ordinator or Ice Rink Duty Officer, will ask the skater to leave the ice.
All skaters must check in at reception for each session before getting on the ice