

Training Ice Timetable

23rd Feb - 28th March 2026

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--------------------------|---|---|--|
| Competitive Ice (1) 5.30am - 6.30am | | | | | Competitive Training Ice (2) 5.30am - 6.30am |
| Competitive Training Ice (2) 5.30am - 6.30am | | | | | Competitive Training Ice (3) 6.30am - 7.30am |
| Competitive Ice (3) 7.30am - 8.30am | | | | | Training Ice (5) 7.30am - 8.30am |
| 8.30am Resurface | | | | | |
| Training Ice (4) 8.45am - 9.45am | | | | | Course |
| Training Ice (4) 9.45am - 10.45am | | | | | Course |
| Courses 11.00 - 12.00 | Recreational Training ice (5) 10.45 - 11.45 | Courses 11.00 - 12.00 | Lesson Ice 10.45 - 11.45 | Recreational Training ice (5) 10.45 - 11.45 | Course |
| Afternoon/Evening Training Ice | | | | | |
| Training Ice (6) 5.00pm - 6.00pm Under 21 | | Courses 16.00 - 17.30 | Courses 17.30 - 19.00 (plus Lesson Ice) | Courses Training Ice (4) 5.00pm - 6.30pm | BIS Tests Tues 10th March Times TBC |
| Training Ice (6) 6.00pm - 7.00pm Under 21 | | | Cones may be out | | |
| Key 1 Competitive Training Ice Minimum standard - BIS Level 3 Full Test and above (BIS Level 2 can skate up if having a lesson) 2 Competitive Training Ice Minimum standard - BIS Level 1 Full Test and above (BIS L1 one part, can skate up if having a lesson) 3 Competitive Training Ice Minimum standard - BIS Level 1 one part (Skate UK L8 can skate up if having a lesson) 4 Training Ice minimum standard Skate UK Level 8 and above 5 Recreational Training Ice Minimum level Skate UK L6 - Max BIS L2 6 Children's Training Ice minimum standard Skate UK Level 8 Under 21 years old Competitive Ice is for competitive skaters only Lesson Ice No BIS tests | | | | | |

All sessions detailed on this notice are for members of Training Ice or Skate Direct customers who have private lessons
 Skaters should get on and off ice at start and finish times
 Skaters should only go on sessions suitable to their standard. If unsure which sessions to skate on the Ice Co-ordinator or your coach can advise.

Skaters may only use 2 Early Morning Training Ice sessions on Saturdays

In the event of unacceptable behaviour and/or a situation that is deemed unsafe, the Ice Co-ordinator or Ice Rink Duty Officer, will ask the skate to leave

All skaters must check in at reception for each session before getting on the ice

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