

Guildford Spectrum Swim School

NOVEMBER / DECEMBER 2025 NEWSLETTER

Please remember that you can only drop your child off 5 minutes before the start of their lesson.

ALL PARENTS NEED TO BE VIEWING SWIM LESSONS FROM THE BALCONIES. PARENTS ARE NOT TO SIT ON THE SEATING ON POOLSIDE.



Badge Week

What a great start to the swimming term! We have already completed a badge week where all of our swimmers had the chance to test their skills, earn new badges and celebrate their progress. Well done to all of our swimmers who worked hard to earn a badge!



Movement of Stages

Please note that when your child has passed a stage within their swimming journey, it can take up to 12 hours for the system to update.

Please bare this in mind when looking for new classes with our admin team.



Swimmers of the Month

Congratulations to our September and October swimmers of the month - keep up the amazing work!

Congratulations to our September swimmer of the month! She has been working very hard with all of her strokes in Stage 7 and her hard work is paying off! Well done!



September



October

Congratulations to our October swimmer of the month! She has been working very hard in her lessons to move up to her next swimming stage. Well done!



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Swim Hats

Please ensure children continue to wear their hats for each lesson and that you collect your new colour swim hat when you move up.

These can be collected from **Customer Services, Reception** and **Poolside**.

Christmas Break

All swimming lessons will take a **2 week break** over the Christmas period and will finish on **Sunday 21st December 2025**.

Lessons will restart on **Monday 5th January 2026**.



No Photography

Please ensure that you are not taking any photos of swimming lessons, on Poolside or in the Changing Rooms.

Photography is not permitted.

Changing Room Usage

If your child is **aged 8 or older**, we kindly ask that you use the single or family cubicles available in the village changing room.

Children aged 8 and above should not be using changing rooms designated for the opposite sex.

This helps ensure the comfort and privacy of all facility users, and we appreciate your support in creating a respectful environment for everyone attending swimming lessons.



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This Autumn, we welcomed two new lane swimming sessions to our timetable - Teach Lane Swimming and Family Lane Swim. Have you had a chance to try them yet?



Teach Lane Swim Sessions

Our Teach Lane Swim sessions are specifically designed for adults. These are the perfect sessions for those that would like extra practice in the water, to those who simply want to build on their swimming confidence outside of their lessons.

Teach Lane Swim offers a relaxed environment with the support for you to:

- **Practice** what you've learned in lessons at your own pace
- **Gain confidence** in the water without any pressure
- **Improve fitness** and enjoy the many health benefits of swimming
- **Swim alongside** others who are working towards similar goals

Mondays, 8:30 - 9:30pm
Wednesdays, 8:30 - 9:30pm

Family Lane Swimming

Family Lane Swim sessions are designed specifically for families that love to swim and be active - providing the space and opportunity to now do this together.

Our Family Lane Swimming sessions are perfect for;

- **Quality Family Time** - allowing families to spend time together in a fun, healthy environment
- **Skill Development** - a great way for children to improve their lane swimming skills with guidance from their family members
- **Routine exercise** - promoting a healthy lifestyle for the whole family
- **Less crowded sessions** - suitable for younger families



Mondays, 2:45 - 3:45pm
Wednesdays, 2:45 - 3:45pm
Saturdays, 3:00 - 4:00pm

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Reminder

Please ensure that during your parent and child classes, you are not entering the water **before the start of your lesson**, and that you are waiting for the teacher to come and register you.

Please be prompt in leaving your class once the lesson has finished.

Refer A Friend To Our Swim School And Receive One Month Free!

Spaces available for all levels but they're going fast! Ask a member of our team for more information or [click here to enquire online](#).



Snow White on Ice is coming to Guildford Spectrum this December!

Step into the world of icy enchantment this festive season, as Spectrum Ice presents Snow White on Ice!

From Friday 12th to Sunday 14th December, prepare to be spellbound by our rising, skating stars.

Follow the beloved story of Snow White, as she finds friendship in unexpected places and discovers the true magic of kindness and courage, with a touch of festive magic. Witness this timeless fairytale unfold, like never before, on ice at Guildford Spectrum. [Click here to book your tickets online](#).